

Anchor Session Planner

This session planner, for a session taking place from 7.30 to 9 pm
(with 7.00 pm arrival) is only a suggestion.
It can be modified and adapted to any parish situation.

Time	Part of session	Person responsible
7.00 -7.30	Registration / handing packs	
	Focal Point (Crucifix/display)	
	Projector / laptop	
	Tea & Coffee / welcome	
	Books for sale (Compendium)	
7.30 - 7.40 10 minutes	Welcome and introduction to Anchor and to the session / Opening Prayer	
7.40-8.05 20/25 min	Part 1 / Activity 1 - Professing the Faith	
8.05-8.20 15/20 min	Part 2/ Activity 2 -Celebrating the Mass	
8.20-8.35 15 min	Part 3/ Activity 3 - Living the Faith	
8.35 - 8.40 5 min	Anchoring your Family in the Faith.	
8.40-8.55 15 min	Part 4/ Praying with the Church - move to the church	
9.00	Departure / tidy up	